



Private Occupational Therapy

In-Home Pediatric Occupational Therapy

Child's Name: _____

Today's Date: _____

Form Completed By: _____

Relationship to Child: _____

Sensory Processing Screening Checklist

This checklist is designed to be a quick screening tool for sensory processing deficits. Please indicate if your child always responds or greater than 50% of the time to any of the following bullet points below.

Tactile Processing (sense of touch)

- bothered by clothing tags/textures
- refuses to wear shoes/socks
- avoids messy play (glue/paint)
- refuses to play in sand at beach
- hates haircuts, nail trim, tooth brush
- reacts neg. to touch/pulls away
- unaware of pain or temp
- prefers to touch vs be touched
- withdraws from splashing
- revs up after bath
- rubs/scratches where touched
- mouths clothing or objects
- overly fidgets/tugs at clothing
- does not like hands dirty

Auditory Processing (hearing)

- covers ears at loud noises
- upset with vacuum, hair dryer, toilet
- difficulty following directions
- appears to ignore name called
- unaware speaks too loudly
- distracted by background noises
- notices noises usually tuned out
- difficulty eating in busy environments
- slow to respond to verbal cues
- escapes from noisy places

Visual Processing (vision)

- poor eye contact
- likes to stare at shiny/spinning objects
- prefers dark/avoids bright lights/sun

- turns whole body to look at you
- squints/covers eye with sunlight
- covers/closes one eye when writing
- prefers fast paced tv shows
- misinterprets facial expressions
- illegible writing
- difficulty copying from board

ADL/Play Skills

- Difficulty completing grooming or dressing in reasonable time/skill
- difficulty using eating utensils
- unable to manage clothing fasteners
- difficulty following or copying gestures
- does not prefer or play with age appropriate toys

Proprioception (position in space)

- overly rough in play
- seems to enjoy crashing into things/people
- jumps from unsafe heights/often
- holds pencil too hard
- appears clumsy/poor coordination
- moves stiffly
- slouches at desk/table
- fatigues quickly
- prefers sedentary play
- uses too much force to throw and kick

Vestibular Processing

- on the go/trouble sitting still
- twirls self during the day, fidgets
- does not appear to get dizzy
- afraid of heights
- seeks out swinging or climbing more than typical
- poor safety awareness/use of caution
- avoids movements on playground
- fearful of head tipped back during bath or diaper change
- afraid of elevators/escalators
- leans on others for support when sitting or standing
- moves slowly on uneven surfaces
- loses balance easily
- becomes overly excited with movement



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Oral Processing (taste)

- picky eater (refuses food due to temp or texture)
- gags at/on food or utensils
- hates teeth brushing
- bites/chews non food items
- avoids food that require a lot of chew
- craves certain foods/textures

Olfactory Processing

- smells everything
- bothered by smells others do not notice
- refuses food based on smell

Behavior

- difficulty transitioning between tasks/ changes in routine
- poor frustration tolerance
- impulsive; poor self control
- overly emotional or sensitive
- frequent meltdowns/tantrums
- unable to calm self after tantrum
- difficulty sleeping thru the night
- difficulty getting started with tasks

Social Skills

- difficulty making or maintaining friendships
- unable to interpret social cues
- does not understand age appropriate jokes
- unable to sympathize with others
- easily upset by criticism
- tries to control others/bossy
- does not share easily/take turns
- does not respect personal space of others